

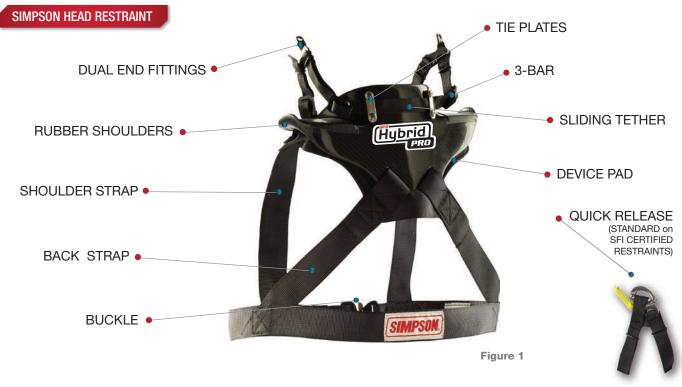
# SIMPSON

You're ready to use the technology that protects the world's top drivers. Here are the steps to get started.

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Questions? Call us at 800.654.7223





The Simpson Hybrid head restraints series carries SFI 38.1 certification; the Hybrid and Hybrid Pro are NASCAR certified, the Hybrid, Hybrid Pro, and Hybrid Sport are FIA Approved. Our head restraints are recognized by most major sanctioning bodies across the world. If you are unsure, check with your local sanctioning.

Hybrid Pro pictured with optional M6 upgrade

OVERVIEW

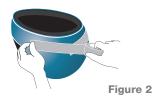
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### ANCHOR INSTALLATION INSTRUCTIONS

### Initial Steps for Helmets without holes for tether anchors.

- Apply masking tape around the bottom of your helmet approximately 1" (26mm) up from the top edge of the rubber molding. See Figure 2
- On the masking tape at the back of the helmet, mark three points 1.5" (43mm) above the rubber molding and spaced about a half inch apart. Connect the dots to create a horizontal line. See Figure 3
- Using a flexible ruler, measure the same distance from a fixed point (for example the visor mounting hole) on each side of the helmet back to the horizontal line. The center line of the helmet is midway between where the two lines intersect the horizontal line at the back of the helmet. See Figure 4
- Measure 6" (150mm) forward from the rear center line on each side of the helmet to a point 1.5" (43mm) above the rubber molding. See Figure 5

  Make sure you have two marks, each 6" forward from the rear center line a 1.5" above the top edge of the rubber edge molding.
- Slowly drill a 1/4" (6mm) hole at the two hole centers marked above. Drill through the helmet shell but not through the soft padding. A thin piece of sheet metal can be slipped between the shell and padding to help this. See Figure 6
- 6 De-burr and clean holes.









### M6 AND POST ANCHORS

### Final Steps - Helmets without holes and pre-drilled helmets.

- Gently pry helmet liner away from shell using a blunt instrument. See Figure 7 Insert the nutwasher inside the helmet against the shell using a wrench. Align with hole. Insert post through the cap, spring and base and screw into nutwasher. Tighten until the point of the post faces rearward.
- Use a 7/16" (11mm) wrench to hold the post anchor outside of the helmet in position and tighten from inside. See Figure 8

  Tighten 1/4 turn beyond snug. The flats and slot of the post anchor should be parallel with the ground and the point of the post should face the rear of the helmet.

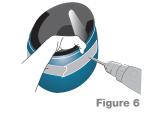




Figure 7

ANCHOR

INSTAL

ATION

### QUICK RELEASE ANCHORS

Gently pry helmet away from shell using blunt instrument. See Figure 7
Insert the nutwasher inside the helmet against the shell using a wrench.
Align the hole. Screw anchor into nutwasher. Hand tighten until the tether or hasp faces rearward. Use a 7/16" (11mm) wrench to hold the nutwasher inside the helmet and tighten exterior screw 1/4 turn beyond snug.



Figure 8

SAFETY NOTE Simpson recommends using thread locking fluid when assembling the M6 and helmet post anchors.

\*REFER TO YOUR SANCTIONING RULES FOR HELMET INSTALLATION.

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### ANCHOR INSTALLATION INSTRUCTIONS

### SAH2010 Helmets with Bonded-in Threaded Anchor Terminals

You may have purchased one of the newest helmets marked Snell SAH2010. These helmets are certified for head restraint system use.

### Snell SAH2010 decal located inside the helmet



Helmets marked Snell SAH2010 have a bonded-in and threaded terminal (nutwasher) making Simpson anchor installation easy. Screw the anchor into the nutwasher. Hand tighten until the point on the collar (if post anchor) or bail (if quick release) faces rearward. Tighten the mounting screw 1/4 turn beyond snug.



Figure 9

Bonded-in terminal on sides of helmet

SAFETY NOTE Simpson recommends using thread locking fluid when assembling the M6 and helmet post anchors.

### FITTING THE RESTRAINT

The Hybrid Head Restraint has an adjustable chest strap to fit a variety of body types. Custom made restraints are also available. Call Team Simpson at 800-654-7223 for more information.

To adjust the chest strap: loosen the chest strap at the buckle and slide the buckle to fit the occupant's chest size. Chest strap should fit snug, but comfortable.



### STRAIGHT

A completely smooth or flat back to the seat.

Typical applications are:

Sprint Cars, Pro Mods, Pro Stock,
Top Sportsman, Monster Truck

# CONTOURED

A 10-30 degree of change in the seat at the shoulder blade area.

Figure 11

Typical applications are: Late Models, GT-1, Pro Trucks, Hydroplanes



FITTING

拥

RESTRAINT

SEAT

POSITION

Figure 12

### LAYBACK

10°- 30°

A 30 degree of more change in the seat at the shoulder blade area.

Typical applications are: Indy Cars, Nostalgia Dragsters

NOTE: Changing seat configurations may require tether adjustments.

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## Helmet Tethers **MUST** be adjusted for proper fit before use.

Helmet tether adjustment needs to be made with the driver seated and buckled into the vehicle with full gear including, suit, helmet, and seatbelt harnesses.

### RESTRAINT TETHERS

- Get into car and buckle fully into the seat with seat belts. The head restraint should fit comfortably under the shoulder harnesses.
- 2 Seat the restraint against the shoulder belts by pulling up on the helmet tethers, before they are hooked to the helmet. The device will rest against the shoulder belts on the top, the seat in back and the driver's shoulders.
- The helmet tethers should be adjusted or changed to allow for no more than 2.25" of straight forward head movement. Measure from a resting position (See Figure 13 dotted line) moving your entire head forward (not your chin to your chest). You should still be able to rotate your chin to your chest.

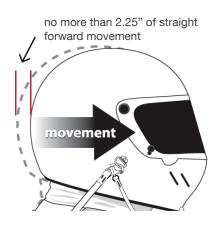


Figure 13

### ADJUSTABLE (SFI) TETHRS

Adjust the rear helmet tether first; they are the PRIMARY RESTRAINT The tethers are easily adjusted by unlacing the tether webbing through the 3-bar adjuster and lengthening or shortening the tethers through the 3-bar adjustments.

CAR

**ADJUSTMENTS** 

- The forward helmet movement can be checked by measuring the amount of forward movement as the driver moves their head straight forward, with the chin up.
- 6 The tether adjustment is the measurement when the tethers first have tension.
- When the rear tether adjustments are complete make sure to lock down the tether by weaving the webbing back through the adjuster one last time. Use the rubber O-ring to hold the excess webbing in place.

- 10 Hold the SSG up to the Helmet Anchor.
- Adjust the length of the tether to the bottom of the Helmet Anchor with the driver in their normal position looking straight forward.

**NOTE:** Some drivers may want this tether shortened for more side to side restriction. The tether may be adjusted shorter by as much as 1" depending on driver comfort. With this adjustment too short, the helmet will be pulled downward on the driver's head and may be uncomfortable.



Tethers adjusted properly should create a "Triangle" in the tether adjustment. See Figure 14



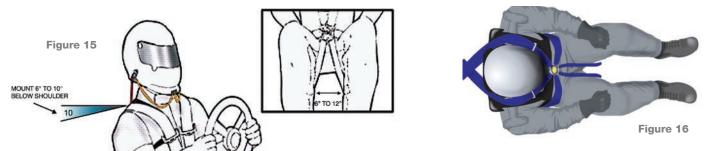
Figure 14

### **RESTRAINT SYSTEM MOUNTING ZONES**

The shoulder belts should be mounted as close to the occupant as possible, separated by 2-3 inches between the inside edges of the belts.

BOTH MOUNTS 20" BEHIND CHEST LINE (MEASURED FROM BUCKLE)

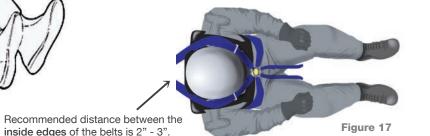
ACCEPTABLE MOUNTING ANGLE



### **SEPARATED BELT POSITION**

**CRISSCROSS** 

**BELT POSITION** 



RESTRAINT

SYSTEM

MOUNTING

ZONES

### OPTIONAL SEAT BELT ANCHOR SYSTEM (SAS)

The SAS straps need to attach to the seat belt buckle; the SAS is an additional load path for the restraint allowing for stabilization of the driver.

Camlock Attachment Slide each SAS O-ring onto two of the camlock buckle tongues. See Figure 18

Latch-in-Link Attachment Pair the SAS O-rings and slide them into the latch link shoulder belts or the five point depending on your set-up. See Figure 19

The SAS straps should be adjusted to be snug when the buckle is latched with no more than 2 fingers of room. Adjustment is made by sliding the 1" webbing attached to the loops through the 3-bar adjuster.

### OPTIONAL SAS LOOPS AVAILABLE



Figure 20





Figure 18





Figure 19



Figure 21

### OPTIONAL HYBRID MOLDED PAD

The Hybrid Optional Molded Pad is placed behind the driver between the seat and the driver's back and shoulders.

The U-Shaped Molded Pad can be cut, and/or trimmed to fit driver's seat. Tape, glue, or Velcro the molded pad in place depending on type of seat. If the seat has a cover, the pad can be installed under the cover.

The Pad is inserted into the seat back. When the driver sits back, the device nests into the voided area creating one smooth surface behind the driver's back. The wings of the restraint should extend under the shoulder belts between the seat back and the driver.



OPTIONAL

HYBRID

MOLDED

PAD

Figure 22

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### OPTIONAL HELMET TETHERS



**QUICK RELEASE TETHERS**USED WITH D-RING (STANDARD)

M61 DUAL END FITTING TETHER

USED WITH M6 ANCHOR SYSTEM



HYBRID QUICK CLICK TETHERS



**EZ SLIDE LOOPS**USED WITH SIMPSON QUICK CLICKS



*EZ SLIDE DUAL END FITTING TETHER*AVAILABLE WITH QUICK RELEASE OPTION



HYBRID POST CLIPS
USED WITH SIMPSON POST ANCHORS

### OPTIONAL HELMET ANCHORS



MG ANCHOR

WITH DUAL END FITTING









QUICK RELEASE ANCHORS

A: Simpson helmets will be the correct location. If your helmet is not a Simpson check with your helmet manufacturer to confirm the location.

Q: Do I need special seat belts to work with your devices?

A: No, our devices work with 2 or 3 inch seat belts, Latch and Link or Cam Lock.

Q: Do I need to replace my head restraint if I am involved in a wreck?

A: Your Simpson Head Restraint device is built to sustain the most violent of wrecks. However, in the event of a hard wreck, you should send your restraint to us for proper inspection by a Simpson Safety Specialist. We may recommend replacing the helmet tethers. While the chances of the device being unharmed are great, it is not worth taking a chance.

Q: Can two people of different sizes share the same device?

A: Yes, we have a chest extender that will plug into the chest strap to give more length in the chest.

Q: Is my device adjusted wrong if I can touch my chin to my chest?

A: No, with your device adjusted correctly you should be able to rotate you head enough for your chin to touch your chest.

Q: I am having trouble turning my head even after adjustments, what should I do?

A: Call you Simpson Safety Specialist; your setup may require an EZ Slide System.

Q: When I measure my helmet for the anchors hard foam in the way on the inside, what should I do?

FREQUENTL

ASKED

QUESTIONS

A: Very gently use a large flat screw driver or small pry bar to wedge between the liner and the shell. This liner is not glued into the helmet, but use caution not to compromise the shell or the liner. Then simply slide the nut washer into place. DO NOT DRILL THROUGH OR COMPROMISE THIS FOAM LINER.

Q: I have a Hybrid and it feels like it pushes me forward out of the seat. What can I do?

A: You can order the optional molded seat pad that can be cut, trimmed, shaved or ground to be whatever shape you need to be comfortable.

Q: My child is just getting started racing, will I have to purchase another device as they grow?

A: Probably not. This will depend on how big they are and how fast they grow. Once the child is at a 28 inch chest, the device that they wear will be able to be re-sized to whatever size they need.

Q: How often should I replace my head restraint?

A: Each Sanctioning body is different. As of 2012 SFI required all SFI 38.1 certified devices to be inspected every 5 years. For additional information on recertification please check out our web site at www.teamsimpson.com

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MODEL #

SERIAL #

SINCE 1959, SIMPSON PERFORMANCE PRODUCTS has been the leading manufacturer of safety equipment for the Motorsports Industry. We believe in putting safety first and are dedicated to elevating the standards of racing safety through continuous development, refinement and testing as well as a strong partnership with racing sanctioning bodies worldwide. The Hybrid Head Restraints are certified by SFI and FIA.

CERTIFICATIONS

**SFI: THE SFI FOUNDATION, INC** is a non-profit organization established to issue and administrate safety standards for specialty and performance of automotive and racing equipment. SFI Oversees testing and standards for fire suits, restraints and many other high performance safety products in the United States. NASCAR and NHRA are among the sanctioning bodies who abide by SFO standards.

MORE INFORMATION CAN BE FOUND AT WWW.SFIFOUNDATION.COM

FIA: THE FEDERATION INTERNATIONALE DE L'AUTOMOBILE is a non-profit organization that brings together 227 national motoring and sporting organizations from 132 countries on five continents. FIA Formula One World Championship, FIA World Rally Championship and FIA World Touring Car Championship are among the sanctioning bodies who abide by FIA standards.

MORE INFORMATION CAN BE FOUND AT WWW.FIA.COM

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